

FOR IMMEDIATE RELEASE

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**BOCA RATON PUBLIC LIBRARY PRESENTS AN AUTHOR TALK
WITH AWARD-WINNING INTERIOR DESIGNER, CARRIE LESKOWITZ
THURSDAY, APRIL 7, 2022, 10:30AM, SPANISH RIVER LIBRARY**

BOCA RATON, FL (March 22, 2022) – The Boca Raton Public Library is pleased to present an author talk with Carrie Leskowitz at its Spanish River Library branch. Leskowitz will discuss her book, *Om for the Home: A Holistic Approach to Interior Design for Your Overall Wellbeing, Body, Mind, and Spirit*. In her thought-provoking talk, Leskowitz will explain how your interior life affects your exterior space and how to create a mindful home.

Leskowitz is a certified life coach and award-winning interior designer with more than 20 years of experience transforming both spaces and lives. She helps people nurture the holistic connection between their homes and their physical, emotional, and spiritual health through self-exploration and reinvention. Carrie and her unique approach to design have been featured in *Traditional Home*, *Martha Stewart*, *The Philadelphia Enquirer*, *Make Space Podcast*, and more. DesignHounds named her a Top 100 Blog influencer several years in a row for her work on *Carrie's Design Musings*.

Register for this free program through the calendar on the library website at bocalibrary.org.



The Boca Raton Public Library provides outstanding library services, resources, and programs that meet the educational, recreational, cultural, and informational needs of the Boca Raton community.

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